| Hold your <br> breath for <br> 15 | Clap your <br> hands <br> above <br> seconds. | Stand up <br> and sit <br> your head, <br> 20 times. | Say the <br> Alphabet. | Run <br> around the <br> room 2 <br> times. | Write your <br> name on <br> the Chalk <br> board. | Sing <br> Happy <br> Birthday <br> to your <br> partner. | Take off <br> your shoes <br> and put <br> them back <br> on. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |


| Carry your |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| chair |  |  |  |  |  |  |  |
| around the <br> room, 2 <br> Dimes. | Draw a pic- <br> ture of an <br> animal on <br> the Chalk <br> board. | Jump up <br> and down <br> 20 times. | Touch your, <br> eyes, ears, <br> mouth, Nose, <br> foot, stom- <br> ach, head, <br> legs. 5 <br> Times | Run <br> around <br> your chair, <br> 10 times. | Turn <br> around 15 <br> times. | Walk <br> backwards <br> around the <br> room. | Sing a <br> Chinese |
| Song to <br> your part- <br> ner. |  |  |  |  |  |  |  |


| Tell you <br> partner all <br> the food <br> you ate <br> yesterday. | Look up <br> and then <br> down, 20 <br> times. | Clean the <br> room for <br> 30 sec- <br> onds. | Count <br> from 30 <br> to 1. | Put on <br> your Coat <br> Back- <br> wards | Put a book <br> on top of <br> your head <br> for 15 sec- <br> onds. | Stand on <br> your chair <br> for 10 <br> Seconds. | Close your <br> eyes for <br> 20 sec- <br> onds |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |


| Give you partner a piece of Chalk | Get a piece of Candy from the teacher and give it to your partner. | Put one hand on your head and one hand on your foot for 20 sec onds. | Turn the Lights on and off 3 times. | Open and shut the door 5 times | Walk outside the classroom, and come back in. | Tell your partner the names of all your relatives. | Dance for 10 Seconds |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |


| Put a piece <br> of paper in <br> your mouth | Put a pen- <br> cil on your <br> for 15 sec- <br> onds. | Put your <br> hands in the <br> fer 20 <br> air and turn <br> seconds. <br> times. | Hop on <br> one leg for <br> 20 sec- <br> onds | Touch the <br> chalk board <br> and then <br> the door 5 <br> times. | Touch <br> every <br> Chair in <br> the room | Touch the <br> foot of <br> your part- <br> ner, 4 <br> times. | Erase the <br> Chalk <br> board for <br> 30 sec- <br> onds. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

