

THAHNUNGREH KI IBUMPE

Watson Goodman tuwng phun vahlipa

"Thahnungreh ki Ibump" vanado he pehmul thal itotuwng vasisih isang Thimbuthiing thungki langto vana pasapa. Petha len ithabal thimral to Thimbuthiing hejapa idoo kapadun mang.

Asapavan pena he "Thahnungreh ki ithingpa" tuthal thoromu ichol len potham ninghral hinthin ohrangma suthah napa. Akumikheh palung patehso, pa vapathih thung Puruwng Jesu Christa to ikalpepa idoo vahro chapa, tukito Puruwng to pidun chara kungtuwng vadah rarah pilarsa vapalungto ihman tuthal palung ithumto thuwnaka. Amarah he nii so kum 1937 thung kahnowl chapa, tuki pithun tuwng Puruwng ru kamin hinto dah tharah athoh chama lepaning. Vaduthal anathih dohma athuw nibe atung rah he Puruwng to ikalpepa idotuwng ahro chadoh vah doonu apasol chapanning. —Watson Goodman

I

Asapavan ki unsah na

Rom 5:8 Tuparende, Asapavan tuwng anihin to ajahmeh unsah nalo pahin idoto vapadang pa. Amatobe, papi nathu hlan hin, Christa to nathin hin ithopa.

John 13:1 Tuthungki vaphato Ikhelnadah Hnalhnoh na alumpa. Jesu tuwng doltipam he maningso kapa kungha voli hrang paning idoto thinu. Doltipam thung iam vamihin to unsah valo ki vathal itong atapang heng unsah kalomang ido to piidangnu.

Tuthal hnachapah Jesu Christa, ithohin kalki rowlsa reh ihangjal, dolti aruwng hinki vapu ki palung nih na ru petum loh na to athin hin vathuw vahso. Unsah nalohinnu vasojal napahin kalki naithuchahin. —Huwnthuw

1:5

John 3:16 Dahpa vadote, Asapavan tuwng doltipam to unsah lopah nu, tutuwng vachara pasalsang to penu, tutuwng aku pajoso ama piidun tento itom inema ihringna to iphana hrangpa.

Jeremiah 31:3 Isowpah tangnaki Puruwng to ama kung thing cha. Itom inemahrangki unsahna tuwng nangto unsah alopaning; Tukituwng nii heto nang akung tuwng pedow itacha meeme paning.

2

Jesu Christa ki Ahliim

1 Timothi 3:16 Anihinki Asapavan piidunna piiholpah peral he ijeena ammi: Asapavan to pangsa aulnu, Pathathi tuwng ichum piidangnu, pavantamso hin thijenu, Chaten ha ajamnu, doltipam thung piidun amcha. Larni tangnang pavan ha valoval.

Matthi 1:22, 23 Lerni jal Puruwng tuwng vanado to itung nahrangki ama vapumthu he ithuwpa. Amatobe: Nahla ithiing tuwng neholso, chapa akheh thonaka, tuthal vahmiing to Emmanuel - vadote, Asapavan tuwng nathu manghin, donaka.

John 14:9, 10a Jesu tuwng donu, Philip, tuchinpang he amsah hin sinnu tuto kathilih matine? Akupa joso ni kaithi ki mituwng kapato joso vathepa. Dahtungte, apato kapasuh khin adothi pahin? Niheto kapakung iam paning tuthal kapato ni kakung iampa idohe tha kacha mahin tina?

John 1:1, 14 Chodu tuwng Pena to amnu, Pena to Asapavan ru amsah jenu, Pena to Asapavan pa... . Pena to pangsa athuwnu nakal hin amcha, tuwng Asapavan chapa khehbah ki kol lar ini luluki valar nih na to nathe hin sih.

3

Asapavan Chapa, Jesu

1 John 4:15 Akumikheh tuwng Jesu to Asapavan chapa rarahpa doso phuwngcha nibe, Asapavan to ama kungtuwng iampa, tuthal ama joso Asapavan kungtuwng iampa.

Kolossae 2:9 Dahpa vadote, Christa pangsa lenuwng Asapavan ki varuwngchin to iampa.

Isaiah 9:6 Anii hin kungha nedong akheh ithoka, Anii hin kungha chapa akheh to nape mang hin; tuthal Saraka to vaku len hoi naka, tuthal amaki hmiing to Ningrihpah Vazoolpu, Atangnipah Asapavan, Itommahrangki Vapa, donaka.

Luk 1:35 Pavan tamso tuwng vakung "Nang akung Pathathithiing thingso, Asapavan atang nih na to akung tuwng cheng naka. Tuwng mithiing anatho hrang tojoso Asapavan chapa donaka."

Matthi 17:5 Pe vathe thung rahtuwng ivarjah padutuwng amahinto vakhum doh valje, tuthal padukal ki arowl tuwng donu, Amahe kaunsah palo, kahnuh thunna kachapa pa, vapedo atokhin.

4

Jesu tuwng vadahte akupa idoto nathepe manghin

John 8:23 Tuto amang pathang jenu, Nanghin tobe taki pahinti, nitobe thah ki paning. Nanghin tobe ama doltipam ki pahinti. Nitobe ama doltipam ki he mapaning.

John 11:25 Jesu tuwng vakung donu, Nihe ihangjaina ru ihring napaning. Akupajoso kaipiidun ki mito thocha joso hringkhu naka.

John 9:5 Doltipam heng ka amthung doltipam ki avar paning.

John 6:35 Jesu tuwng vakunghin donu, Ihringna bucho to nipaning.
Akupajoso kakungha ithing mito vapo thamnami, tuthal akupajoso ni
kaipiidun to dah tha rah vaning hral nami.

John 13:13 Nanghin tuwng Thimpu, tuthal Puruwng kado hin tinu, amato
vachah adopahin, vadote, ama rarah paning.

John 8:58 Jesu tuwng pathangnu, Akunghin langlang kathepa, Abraham
amdu tuwng iam paning.

Vakunghin Jesu tuwng thepe khujenu, Akunghin langlang kathepa, nito
johinki thukhal paning. —John 10:7

5

[Jesu Nungtoh Ningrihpah Chari](#)

Matthi 14.1921 Tuki mihnim hinto sul len iung naki pasol jenu, bucho pee
panga ru ngha ahno to linu, pavan hangsu nu phowl penu, bucho hinto
pakunu vasopow hinkung vapahlan valje. Mi vapumthu tuwng popah nang
vacha valje. Tuthal vacha dunhin vatoo vahneh to lukul som ahno hmeh
vapadim valje. Tuthungki icha lang hinto sinnu hin ru amochara hin iten
mang lising panga vai paje.

Luk 5:5, 6 Simon tuwng pathangnu, Thimpu, sansow denghinnu, tuto dah
rah paducha mahin ning! Tuto nang apena thal itong achah hinhe deng
kaning. Vachah hinto vadeng jete nghapun hinto khumpuh jenu, amatuwng
vachah hinto itehkho vatheval.

Matthi 20:30, 34 Tuwng Jesu avaka idoto hlamsol ki iung hmihtoh mihno
hintuwng vajah jete amahinto ongjenu, David chapa Puruwng, nihinto
unsah kalo chakhin.... Jesu tuwng unsah palo jenu, vahmih hinto vatahpe

jete tuthung rahtuwng vahmih hinto lingnu Jesu thal vato valje.

6

Jesu Christa Be Isemcha Tuthal Puruwng pa

Hebru 1:2 Arangbe Asapavan ... tuto vatuh naki nithung hetuwngbe vachapa jai nathepe pahin. Ama jai Asapavan tuwng dolti-pavan he vasempa tuthal vapumthu he ituh hrang amato vachowlpa.

Rom 14:9 Dahpa vadote, amathintuwng Puruwng to thonu, ihring khupa. Tutuwng amato itho ru ihringki Puruwngpa.

Kolossae 1:16 Dahpa vadote, amajal tuwng doltipavan thung iam hmih nathe ru hmih nathema, pathathi atangni hin, aruwngchin, ito piichanghin tuthal khuruwng hin to Asapavan tuwng vasempa. Asapavan tuwng, amajal ru amathin tuwng ahlipavan he vasempa.

John 1:3 Dahki makhe amang vasem riimpa, ama nasem ma dah powrah ammi, ithuwsa vapumthu ama nasemma dah rah ammi.

Nung 2:36 Amakituwng Asapavan tuwng Aruwng joso Christa joso napathupe valhin idoto Israel inhluki makhe tuwng athirrim vahso.

1 Korinth 1:9 Asapavan be hna ichapah pa, vachapa, vadote anihin ki Puruwng Jesu Christa ru lulam ithuw hrang nanghin to aon pahin.

7

Jesu Christa Be Vapumthuki Vazolpu pa

Rom 14:10 Tuto thuw nite, nangtuwng au ane len dah ki vazol atohpa? Tuthal au aneto dah li ahmiilpa? Dahpa vadote, napumthu hin Asapavan vazpihmun thung irih sah hrang pahin sin.

Matthi 25:32 Chaki makhe va angha abung naka, tuthal joselcha tuwng jokalki kel vanapatiing luluwng mihintu akheh ki akheh ha patiing jenaka.

John 5:22 Vapatuwng aku kheh rah vazol tohpe mi, vazol kimakhe vachapa vapatohpa.

Rom 2:16 Niing itha pemin kanasu heng vanaphuwng thal itotuwng mihinki idangma palunghu to, Jesu Christa jai Asapavan tuwng vazol vajoh nituwng ithuw hrangpa.

2 Timothi 4:1 Asapavan ang ru ihringhin ru ithohin to vazol itohrang, Christa Jesu ang tuthal vaipiilar hrang ru vapam pathang hmiinglen apasol paning.

Nung 10:42 Tuwng amato ithohin ru ihering hin len vazolpu ithuwpa idoto mihin kung isuhrang ru piijah hrang Asapavan tuwng kapasol pahin.

8

[Jesu Christa thina jal Itin pena](#)

John 8:24 Apa thunghin ithocha hrang pahinti dongnu athepesa pahin ning. Nituwng ama patoning kanado he padun mahin tiso donibe apa thunghin tuwng thocha rarah hin kati.

Hebru 5:9 Amato mapung ipha vapathu kituwng vado ito kimakhe thin itom inemaki ihliingna vabolto ithuwpa.

Hebru 7:25 Tukituwng amajal Asapavan ihnecha hinto vapha itom inemang ikalpe vapachangpa. Dahpa vadote amabe mihin thin itham pehrang kumpung iampa.

John 10:9 Nito thukhal paning, akumikheh to kakungha hluhcha nibe ahliing cha naka. Avanghluh so vangthuw so, tuthal icha inee phacha naka.

John 14:6 Jesu tuwng vakung donu, Nito hlam paning, lang lang paning tuthal ihringna paning. Ni kajal maso akumikheh rah kapa kungha ithing pachangmi.

Aku lentang kungrah ihliingna pena he ammi, dahpa vadote, pavan tilih ki mihin kung vana pahlan hmiing kai lih heng nai piihliingpe hranghin hmiing lentang am lih mi. —Nung 4:12

9

[Jesu Christa thina jai Itin pena](#)

Kolossae 1:1214 Mithiing hin ru ivar thung ari ituh sah hrang to naihrope hin vapa Asapavan to ihman ru ithung apapa khin. Dahpa vadote, anihinto ijong thungki natin hinnu vaunsah palo vachapa pam hato natthu valhin. Vachapa tuwng napahin napatohpe hinnu tutuwng nuwngcham iam pahin sin.

Luk 19:10 Dahpa vadote, piiso hinto ihlam hrang ru piihliingpe hrangtuwng Michapa to ijungpa.

1 Korinth 1:30 Amabe Christa Jesu kung ahringna pahin. Christa to nahe nasingna hranghin, thoromo nachol nahranghin, naipiithiing nahranghin tuthal naitin nahranghin Asapavan tuwng vasempa.

Titas 2:14 Itha nungki thin sohroh tangna ki vamihin piithuhrang anihinto ithama vapumthu ki natin hinnu napathiim pahin.

Huwnthuw 5:9 Amahin tuwng ataheng hlahrin vasah pajé: Nang tobe thimbu to liso, chung vanakhong to piije khoh pati, Dahpa vadote, nang be apatho sapa, tuthal teten, pena ten, miten, chaten kito Asapavan thintuwng mihin to aspng arinsa pajé.

10

Christa So tuwng vanateh

Rom 5:9 Vasojal tuwng anihin to napachumpe pahin. Tuto thuw nite ama jaltuwng Asapavan palung thih na kito ajahmeh ki nakalpe doh hrang pahin!

Ephesus 1:7 Jesu Christa vatho jai anihin to ahliing chahin sin tuthal napa hinto napatohpe valhin. Asapavan palung nih na hebe atapang heng piidahpa.

1 John 1:7 Tuto, ivar thung va am luluwng anihin joso ivar ha amhin sinbe, anihin to kheh ru kheh lukheh ithuw pahin sin, tuthal vachapa Jesu sotuwng pa vapumthu ki napathiim pahin.

1 Peter 1:18, 19 Apa apu hinki anatuh hin vakana na iam ma nahringhin mungteh thung imang jahrang lupa ru sana luluki pow tuwng atin mapahin, tuto vabi iamma joso luluki vamin ilupah Christa sotuwng atin pahin.

Hebru 9:14 Itomma ki pathathi jal ibol iam mang Christa vadah soto Asapavan kung piihlannu, nung itho kito ihring Asapavan dowl ilihrang ithenapahrih palungthu kito ajahmeh napathiing doh pahin!

11

Christa Pidun Zal Kumpung Ihliing Na

Ephesus 2:8, 9 Dahpa vadote, piidun jai nanghin to Asapavan palung nih tuwng atin valhin. Amahe nanghin akungki ithuw mapa, tuto Asapavan ki kuhthuwlp. Anungtoh kihin mapa tutuwng akurah jongso apaholna hranghin ammi.

Piidun jaltuwng anihin to napachumpe kihin vathal itotuwng, anihin ki Puruwng Jesu Christa jal Asapavan ru petum ilo tangnang amhin chaka.
—Rom 5:1

Galatia 5:6 Dahpa vadote Christa Jesu kungbe kong irenma iren tuwng dah rah pahruhmi, tuto unsah najai piidun nungtah pahe.

Dahpa vadote, Asapavan ki itho miki makhe tuwng doltipam heto vapachang val. Doltipam napachangna hin tobe piidunjai pahe. —1 John 5:4

John 20:31 Tuto, Jesu be Asapavan chapa Christa pa idoto apadunna thihrang hin, tuthal padun hin tiso amahmiing len iheringna apha nathi hranghin amahin he vanapazo pa.

Amakito amahin dojenu, Asapavan nung kato nathi hranghin dah kato hrang pahin? Jesu tuwng pathang jenu, Vamiso to padun hin tibe Asapavan nungto ama ja pato. —John 6:28, 29

12

Asapavan ki palung nih na

Tuna Hla 103:11 Dolti kin pavan piithang pah luluheng, vakol ithi mihi kungbe vaunsah na piihol pahpa.

Micah 7:18 Amaki arireh vahleh dajoso iphana hrang kii nasuh namahin ru nathiduh hin to pitoh pehrang Asapavan lulu akute amcheh ka? Amabe vapalung thih nato kumpung pachengmi dahpa vadote Amabe ihnehpah unsah nalen ihman chapa.

Arichohla 3:22, 23 Puruwngki ihnehpah unsah nato dahtharah donmi, Amaki vapalungnih nato dahtharah tommi; amahin to jongni hrin tenthung hrin athuw meeme kaje; nangki apedotoh nahe be ohrangma pahol pah ka.

Tuna Hla 103:17 Tuto, Puruwng kol ithicha hin thinbe vaunsah nato kumpung thinpa, tuthal, vasih thah to thoruwltan thinpa.

Titas 3:5 Nakalpe pahin. Thoromo icholpah nung tohin sinso tuki mapa,

tuto vapalung nih jal, nacham hinnu Pathathithiing ha hrin napathu pahin.

Tuna Hla 108:4 Aunsah na ideh lih ma ru adotona tuwng pavan vatonpa.

13

Asapavan tuwng vakunha tuhingna hrang Nachal Mang hin

Ija ihran piiteel len ning piineel nanghinto kakung ha vathing khin, tutuwng niing apaol hin kaning. —Matthi 11:28

Isaiah 55:1 Aro, akumikheh ninghral ten, vathing vahso du bom ha; tuthal sol ithoma akumikheh nang, vathingvah, arinvah tuthal achavah: vathingvah, arinvah vumhriidu tuthal ahnudu to sol ta tuthal vamin ta tuwng.

John 7:37 Amakito tang vatomni ki larnipah nithung tuwng Jesu to hangrih nu ongnu, ataheng donu. Akupajoso, vaning hral nibe kakunha vathingso anecha vahso.

Thove ru chanadongnu tuwng vathingvah vadomang. Amahe ijaki makhetuwng vathingvah ado vahso, Ninghral ki mito vathing vahso, idocha ki mituwng ihringna duto vamintang anecha vahso. —Huwnthuw 22:17

Isaiah 1:18 Atungherah vathingkhin, anihin tuwng kowkhehsah piisel hin chaka. Puruwng tuwng vado mang: Nanghin ki apa hinto sinchatiit pajoso, amahin to aoltung tuwng doje naka; amahin to sinchajomjum pajoso, amahin to sahmol ido tungtuwng doje naka.

14

Mi vapumthu Asapavan Chara huh mapa

Akupajoso, langlang to itoma, tumanite, vaune unsah piiloma to Asapavan

chara mapa, ido lenheng Asapavan chara hin ru Setan charahin vathingna to idangpa. —1 John 3:10

Rom 8:14, 15 Asapavna ki Pathathi nathuki makhe to Asapavan chara paje. Dahpa vadote, mane ithuna ki tuthal idotangna tuwng iam naki Pathathi to napha mapahin tuto vachara ithuna ki Pathathithiing to napha pahin, tutuwng anihin, Abba, kapa nado pahin.

Tutuwng nanghin to palungthu isuh ma ru palungthu ibol mihin ki thoruwli thungheng ibol iamlil ma ru valarna iam ma Asapavan ki ithiing chara to athuw hin kati. Doltipam thung heng nanghin to vakal hin butho luluwng ivar hrang pahinti. —Philippi 2:15

Puruwng tuwng dokhunu: Tutuwng vakal kihin vatiing hinnu, amahinto amadoh khin. Ithiingma pow tata makhin, tutuwng niing nanghinto akowl hin kaning, Tutuwng nito apahin athuw ningso, nanghinto kachapa athuw hin kati, Atangni Puruwng tuwng vadomang. —2 Korinth 6:17,18

Tuparende, ama ihroki makhe ru ama piidun hinki makhe to Asapavan chara ithuw piimo naki atang nih na to vape jesih. —John 1:12

15

Zunena len Asapavan Dah-o vado mang

Dolti pangsa ki nung hin tobe adangriim jaka, amahin tobe: hlosang ito, ithiingma, piidon palung, ahliim lu ibuh, asal-duhe, ral hal ihal, ire isal, piinal, palungthi tuthal sepiihum, palung chah piirah, lu piitiing, (heh piinal, piikhee tuthal amalu vapumthu pahe. Tumkheh turn kheh athepe khumang hin ning: amalu ito miki makhe tuwng Asapavan pam to phanami. —Galatia 5:1921

Isaiah 5:11 Jong tuwng irang tangna hangthiso, tukite zu pihnih papah inehrang ihlam chatol, zu tuwng vathur duki makhe, kahlu sowso itoriri

iphakhah iungtol Mihin thin tuwng palung jahna pa.

Rom 13:13, 14 Athun ki mi lulutuwng ithang amhin chaka. Duhmah kahmah ru ju piiru, piidon ru ire isalna tuthal piinal toto makhin. Tuto Puruwng Jesu Christa to budil luluwng ahai khin, tuthal pangsa nadoh paki nungto ningpiitungna ki totoma khin.

Zeral 23:31, 32 Likle pilim thungki zu to sin rin ranso, vapem pahleh to hmihrih tung athom tutuh naka tuthalbe ilojah tangna aungtuw naka, ama to susu too too ma. Vatuhna habe, parul lulu apakeso, henipah parul nown tung apa nown naka.

16

Palung ithiing jatuwng khum mi

Matthi 22:37, 38 Jesu tuwng pathangnu, Nangki Puruwng Asapavan to apalungthu kimakhe, apathathi kimakhe tuthal apalungral kimakhe tuwng unsah apalo hrangpa. Rowlsareh tuthal piihol bai vazoljathang to ama pahe. Vahnog na tobe: adah unsah aipalo luluwng aven achang to unsah alo hrangpa.

Mark 10:17-22 ... Itha thimpu, kumpung ihringna to dah toningso kaphathi hrangpa donu sunnu. Jesu tuwng vakung donu, Dah li itha kado pati? Asapavan maso itha akurah ammi. Mi patho thoma, padon donma, paru ruma, malangma sakho totoma, mi pachechema, anu apakol adumvah ido pena hin he athesih na? Tuwng amang vakung donu, Thimpu, amahin ki makhe tobe kamoh ki piithun katocha huh sih. Jesu tuwng amato vasuhte vaun sanu tutuwng vakung donu, Nung kheh apatham sih. Amatobe, vangnu anathoki makhe e ajolnu chara nerim hinto abumna vahje. Ama tuwng pavan ha arireh thong kati. Tuthal tuwng vathingnu kathal kato vah. Tuparende ama pena to vajahte vatha kharuwmnu palungja tangnang volicha. Dahpa vadote, amamito rai ithopah ki mipa.

17

Pi Cheche ma

Ephesus 5:6 Ithuw mahrang pena tuwng akurah apacheche mahinso, dahpa vadote, amalu lenheng Asapavan palunghthih to do itoma hin len itum hrangpa.

Jakob 1:22 Adah hinto thi piiche hin tiso ija jato ithuw mang penato nung iheto mi vathuw khin.

1 Korinth 6:9, 10 Thoromo icholma hintuwng Asapavan pam to atuh namije idohe thimahin tina? Ahma hmah makhin: piidon, ahliim lubuh, misinnu michara ilar tumanite sinnu narel sinpa narel ihlo, piiru, sepiihum, ju piiru, thetho ini, mipow piisumcha hin tuwng Asapavan pamto vatuh mahrang paje.

1 John 3:7, 8a Amocharahin, akumikheh rah jongso apacheche mahinso. Christa to thoromo vachol luluwng, akupajoso itha nung ito to thoromo icholpa. Pa nung itoki mito Setan kipa, dahpa vadote, Setan tobe vabom thoki piithun pa vatohpa.

Galatia 6:3 Akumikheh tuwng vadahte dah rah mang amso tuto mikheh paning idong piidun nibe vadahto thi piiche chapa.

18

Athi tuwng Ithoto vathingthu mang

Rom 5:12 Tutuwng, mikheh len doltipam hahe pa vahlu ru palen ithona vanning lulu tuwng ithona to mi vapumthu kung athuwcha. Dahpa vadote, mi vapumthu tuwng pa vatohpa.

Jakob 1:15 Amaki adoh to parenu pa vapahluh mang, tuthal pa to tangnowl nu ithona vapahluhpa.

Ezekiel 18:20 Panung itocha pathathi tobe tho naka, vapa pa tohto vachapa tuwng avih nami, vachapa pa tohto vapa tuwng avih nami, thoromu ichol ki vachol nato vathangha alenaka, ithama miki vachah nama to vathangha ale chanaka.

Pangsa ha palung ipe tobe ithopa, tuto pathathi ha palung ipe tuwng ihring ru pettum loh napa. —Rom 8:6

Luk 15:32 Tutuwng anepa tobe ithosa pat tuto atungbe ihangjal pa, piisosa to atunghe kaduh kituwng ihmah hrang rarah pahin sin.

Zeral 11:19 Akumikheh tuwng thoromu ichol tungha hneh chatolnibe hrang cha naka, tuto ithama ihlain chatol mitobe tho cha naka.

19

Christa Tuwng Ithoto Vapachang Vai

Tuparende amang vakunghin pathangnu, Kaipiidamcha tuwng abupha a sinnu akhuwng vachih vah kanadopa. —John 5:21

Luk 7:14, 15a Tukito amang hehning nu aluwng to vatah vai, tuwng vaidum hinto rih chaje. Jesu tuwng vakung, Alal, hangthivah ado paning donu. Itho sinpa to ungcha tuthal ipe vapathun vai ...

John 11:43, 44 Ama pena to patupangnu, arowl piihreng tangnang, Lazaras, avangthuw vah donu ongnu. Tuwng ithoto vakuh ihlumna ru vatuh nahin buhleh pum avangthuw hloh nu, tuwng vahmete lukhang ihlumpa. Jesu tuwng vakung hindonu, Apajeh hinnu vangpachih khin.

Tumkheh ilehrang tuwng kadah he kapedoh kituwng kapa tuwng unsah kalopa. Akurah jongso kakungki liso tumapa, tuto kadah tuwng piihlan chadoh paning. Piihlan doh joso kapachang sih tuthal ilidoh joso kapachang sih. Ama pena he kapa kungki kaphapa. John 10:17,18

Huwnthuw 1:18 Ihring to nipaning: itho paning, tuto, asukhin, nito item lih mang ihring paning. Ithona ru lungkongki chabi to kakung amka.

20

Asapavan ki nothang

Vazolnung 5:7-21 Nii maningso le lentang atho mahrang pahin.

Kuh nasem ahliim tumanite pavan ki anungnang hehejeh tumanite doltipam ki anungnang hehejeh tumanite dural ha iam anungnang hehejeh ki ahliim to semhintiso lu abuh mahrang pahin tumanite vadowl joso alo mahrang pahin ...

Nahreh Asapavan hmiing to aphur mahrang pahin. Phur hin tibe apatoh penami hin. Ni taruh hmeh to nung atahinnu vani takhoh naki Asapavan nito adangkhin amahe Puruwng tuwng apasol pahin.

Anu apa thang ahlu khin amahe Puruwng tuwng apasol pahin.

Mi patho tho makhin.

Mi sinnu to susu makhin.

Paruru makhin.

Aven achang len halsah toto makhin.

Avenachang sinnu to panalnal makhin.

Avenachang in, avenachang powse tumanite vahli tumanite vaminepa hin tumanite vamineriu hin tumanite vasal vadal hin len piinal to thotho makhin.

21

[Asapavan Kungki Ahre Thina Mati](#)

Job 34:21-22 Dahpa vadote, mi hlam tento Amaki hmih tuwng vatuwn tihpa, tuthal vakhuthalna tento vahmih tuwng vathih tihpa. Amachuh tuwng, ithama nung itocha hin to ihre nahrangki ijongdiduh tumanite ijongmelmol dahrah ammi.

Tuna Hla 139:8, 12 Pavan ha hungjo ningso nangto amkati ... Tuto ijong phona to nang akung tuwngbe jongnami, tuwng san tojoso athun tung vai ja naka. Ijong ru ivar to akungtuwng atolchah janaka.

Jeremiah 23:24 Nii tuwng ithijoh kanapachang mahrang adeha akumikheh ihre pachang nakana? Puruwng tuwng vedomang. Nii hetuwng ahli pavan to atun tih maning na? Puruwng tuwng vedomang.

Zeral 15:3 Asapavan hmih tobe vahmun ten thung amka, ithama tuthal itha vapum thu vasuh tih mang.

Idang mahrang peral dah rah ammi, tuthal ikhumja vapumthu ahlampoh so ivar ha ithingthu huh hrangpa. —Luk 8:17

Vanasem vapumthu vakung idangma dah rah ammi. Ama hmih suh na lenbe dah vapumthu ilang riimnu adang huh ka, atatuwng anihin dah vapumthu naphuwng huh hrang pahin. —Hebru 4:13

22

[Asapavan Ithimaki Kumpung Chorelna](#)

Tuto, Asapavan pena jaltuwng, vazolni ru Asapavan piidunma hinto vapamangni ipha khah, atungki pavan hin ru dolti heto hmiha pakangso piimang hrang vapathah japa. —2 Peter 3:7

Matthi 13:41, 42 Michapa tuwng vapavantamso hinto ajungso so, vapam thungkito paha mi piibucha hin ru ithama itocha hinto pakungso, hmiki

kom ha valnaka, amachuh tuwng mihin to tah jeso vahahin aral jenaka.

Matthi 18:8 Akuh, tumanite, akhutuwng paha apabu nibe arenkoh nu avaldoh vah. Vakuh ahnp, tumanite, vakhu ahnphmeh pumtuwng itpmma hmiha ival kintuwng vakhu ithoh, tumanite, vaban ithoh tuwng itomma ihringna ha ihluh to athin tuwng thahloh ka.

Tuna Hla 9:17 Ithona hebe Asapavan ihmii vapumthu hin ru ithama mihin ki vadungna pa.

Matthi 25:46 Tutuwng amahin tobe kumpung itomma ki chorel na ha vangjeso, thoromo ichol hin tobe kumpung ihering na ha vangje naka.

Huwnthuw 20:15 Ihringna thimbu thung tuwng vahmiing piizppma akumikhjeh hinto hmi ading ha vavalpa.

23 Duki Vazol

Nung 17:31 Vadote, amang vanapakohsa sinpa khehtuwng doltipam he vachah ha vazol vatoh nahrangtuwng parennu amka. Asapavan tuwng ithohin kalki vanapajal Puruwng to mikimakhe tuwng piidunna to vapeval.

Hebru 9:27 Tuthal dolti mito tumkheh pang itho hrang tuwng vapatumdoh pa amathal tuwng vazolto ithing hrangpa.

2 Peter 2:9, 10 Tuto thuw nibe, Asapavan ithi pahrin hinto piithem kito ikalpena, thoromo icholma hinto, ikhelseh tuwng dolti pangsa ki ibolpah adoh ahmang thai ithohin ru aval vazol ihroma hinto vazolni iphana khah tuwng chang piichalna to Asapavan tuwng vathepahrih sih. Ithisehsana ru ikhumsehsana mihin hetuwng kol-lar inipah pavan mihin to vajompah paj.

2 Korinth 5:10 Dahpa vadote, napum riimhin Christa vazol hmun thung rih hin sinso, doltipam thung vadah vadah natoh ithama ithato na phacha hrang pahin.

Rom 14:12 Tukituwng, miten ki nathotoh hinto Asapavan angha nathingthu sah hrang pahin.

24

Jesu Christa ki Palungnih na

Rom 5:15 Tuto kuhthuwl tobe pa ru piitim na ihro mapa. Dahpa vadote, mikheh nalai lentuwng mi nung nungma itho panite, Asapavan palung nih ru mikheh, vadote, Jesu Christa palung nih jai ithing kuhthuwl to mihnim hin kungtuwng ajahmeh vahlipe doh hrangpa!

Rom 9:16 Tuki vathal itotuwng mi nadoh, tumanite, mi natoh kimapa, tuto Asapavan palungnih kipa.

2 Korinth 8:9 Anihin ki Puruwng Jesu Christa palung nihto athih hinsih. Amato chavangpah parende nanghin athin tuwng charapah ithuwpa, charapah vathu kituwng nanghinto chavang ithunapa.

1 Peter 5:5b ... Asapavan tuwng ikhumsana to hrul nu, palung inem to palung vapanih mang.

2 Korinth 9:15 Asapavan to iphuwng nungma vakuhthuwl ki thin piipa va am vahso.

Nung 4:33 Puruwng Jesu ihangjal to atang ini tangna ru ithung tamso hintuwng sakho pejenu tuwng valen Hin unsah na to pum valope valje.

25

Isolna

Nung 17:30 Antakituwng nathema thungki hinto Asapavan tuwng pahmalnu, pamten ki miki makhetuwng palung piite nahrangki vapaseelpa.

Luk 13:3 Tumapa! Athepe pahin ning, paki palung pateh mahin tibe amahin lulutuwng ithohrang pahinti.

Nung 3:19 Amakituwng apatoh hinto piihma nadoh hrang apalunghin apateh hinnu, Asapavan kungha vahel khin, tutuwng Puruwng kung ki ihriing naki vapha to akunghin thing naka.

Nung 2:38 Peter tuwng vakunghin donu, Apahin piitoh pena hrangtuwng apalung hin apateh hinnu miten to Jesu Christa hmiingtuwng du vailuh khin, amatuwng Pathathithiing ki kuhthuwl to phahin kati.

2 Korinth 7:10 Asapavan palungthu thai ito tuwng ija nanapateel lenhin palung hongso ihliing iphana athuw ka, amalen tuwng isplna ammi, tuto doltipam ki ijah nahe ithona athuwka.

Matthi 3:2 Apalunghin apateh khin, dahpa vadote, Aruwngpam to hnecha.

26

Athi Thungki Pitoh Pena

Ezekiel 18:21 Tuto mithama to vathi duh kito avang lechaso, Niiki kahliim ajachaso vazool nahro ichum to tocha nibe, ama mito isolihma hring cha naka; ama mito tho nami.

Huwnthuw 3:20 Asuvah, thu khai bom tuwng riingnu thukhal to kabunmang. Akumikheh tuwng karowl ajaso thukhal to langcha nibe vakung tuwng hluh ningso ama ru chasah nesah hin kaning, tuthal ni ru iam sah hrang pahin ning.

Isaiah 55:7 Mitha matuwng amaki vakoh ithamato apatha doh vahso, tuthal thoromu icholma mituwng vapalunghu apateh doh vahso; ama mito Puruwng tungha avang lecha vahso tutuwng palung nihna to valen am naka, tuthal Asapavan tuwng ikhum imen patohpe naka.

Matthi 6:14 Dahpa vadote, alenhin ithama ito hinto patohpe hin tibe, pavan ki apahin jongso apatohpe hin naka.

Nung 5:31 Israel hin thin tuwng palung piilena ru paki piittuh pena hrang, Asapavan tuwng Puruwng rarah to vahlamnang ru piihliingpe vapu ithuw hrang tuwng vachang tungha vathoval.

27

Dolti Palung Thuki Itiingna

Dahpa vadote Asapavan tuwng vapalung nihto mi vapumthu thin ihliing nahrang vapaphuwngpa. Amatuwng Asapavan ithima ru doltipam ki adohto maso, palung ireel, thoromo ichol tuthal Asapavan ithi tuwng vapha thungheng iam nahrangki unsah na tuwng natampe pahin. —Titas 2:ll, 12

Kolossae 3:2 Doltipam ki powhin len apalunghu hin pahlu hluh makhin, tuto thah ki pow hin lenuwng palung aparih khin. Doltipam he tumanite, doltipam thung iam pow vapumthu he unsah palolo makhin. Akumikheh tuwng doltipam he unsah palo nibe, Asapavan kungki unsah piilon to vakung ammi. Dahpa vadote, doltipam thung iam pangsa ki adoh, hmihsuh ki adoh tuthal ikhumsana vapumthu he vapa kungki mapa, tuto doltipam ki itupa. —1 John 2:15,16

Ephesus 5:11 Vachu iamma ijong nung ita mihin ru amin min makhin. Tuchang tuwng vathah ma hinto apadangpe khin.

Isaiah 1:16 Anumnum hin va(\thu chakhin; anumnum hin vathiing chakhin; kahmekung ithama nung anatoh hinto avaldoh khin; ithama nung ito to adon doh khin.

28

Hrin Ithona

Ezekiel 36:26 Palung hrin to nii tuwng ape hin kaning, tuthal athung hahin pathathi hrin to athal pehin kaning; tuthal apangsa thung kihin hlung ki palung to lidoh ningso, pangsa ki palung doto nato apehin kaning.

1 John 2:29 Christa to thoromo icholpa idp thihin tibe, itha ho miki makhe to amaki ithopa ido thihin kati.

2 Korinth 5:17 Akumikheh to Christa kung am nibe hrin vanasem to athuwcha: asukhin, paluto tomnu hrin to athuw huhcha.

1 John 5:18 Asapavan ki itho mituwng pa totol mi, dahpa vadote, Asapavan chapa tuwng suh pathanu, ithama piithem tuwng isurah pachangmi, idoto nathe pahrih hinsih.

John 3:3 Jesu tuwng vakung pathangnu, Nalanglang akung kathepa, Akupajoso hrin itho manibe, Asapavan pamto ithi pamoh nami.

1 Peter 1:23 Imang jahrang ithamaki charahin lulu mapahinti tuto ihering ru itpmma Asapavan pena jaltuwng nanghin to hrintuwng itho chahinti.

29

Athi ha Itho — Christa ha ijai na

Ephesus 2:1, 6 Vaphakheh thung nanghinto analar hin ru apatoh kihin tuwng thove ha itho pahinti ... Christa Jesu ru nachin jai hin ama ru ithusah tuwng pavan lah thung iam hmun hin thungtuwng ipalsah hrang ithpki napahringsah pahin.

Kolossae 3:1 Christa ru ithusah tuwng hangthi hin tibe, Christa to Asapavan changtung ha ungnu iam pavan ki pow hato palung apahluh khin.

1 Peter 2:24 Pa tungha thohin sinso thoromo ichol tungha nahring nahrang hin vadah rarahtuwng napa hinto cross len vaholpa. Valenki ahmolbi tuwng apadam pahin.

Galatia 5:24 Tuthal Christa Jesu ki mihin tobe pangsa nadph tuthal vanangen vapumthu Cross len vapatho thinpa.

Rom 6:2, 11 Ata mahrangpa! Paki vahlam ha ithpsa anihin to dahtung paha amtol hin chaka? Ama lulutuwng, adah hinto pa tungha ithp paning tuto Christa Jesu kung Asapavan tungha ihering paning idong vaipadun chakhin.

30

[Itom inemaki Hringsow](#)

Galatia 6:8 Doltipam pangsa ki vathal itong pithe mituwng ithona to kunchaso, pathathi ki vathal itong piiithe mituwng pathathi ha item inemaki iheringna to kuncha naka.

John 3:14, 15 Mosi tuwng pamde thung parul vanatho luluwng, Michapa to joso athoh naka. Akupajoso ama piidunchaki makhe tuwng item inema iheringna vaphana hrangpa.

John 3:36 Akupajoso vachapa to piidun kimakhetuwng kumpung iheringna vapha vai, tuparende, akupajoso vachapa pedo itoma ki mito iheringna phanami, Asapavan palung thih na valen amka.

John 17:3 Kumpung iheringna to ama pahe: langlang Asapavan to nang ra rah pati tuthal Jesu Christa pa.

Rom 6:23 Dahpa vadote, paki atha min tobe ithopa, tuto Asapavan ki kuhthuwli tobe anihin ki Puruwng Christa Jesu jal item mang ihering napa.

Akunghin langlang athepe pahin ning, kapena ajaso kaispcha to piidun ki

mito, kumpung ihringna pha cha naka, amaki vazol thung ha jomaso, ithokito ihering naha valan val. —John 5:24

31

Ital Lihma Hrangki Ihliing Na

Isaiah 32:17 Tuthal thoromu ichol ki vadang natobe changderingrang naka, tuthal thoromu ichol ki vachu tobe ana deringrang naka tuthal kumpung pidun pato.

John 14:21 Akupajoso kanapasol na pena to vakungtuwng am so amato vado tonibe amamituwng unsah kalopa. Unsah kailo ki mito kapatuwng unsah lonaka, tuthal nijongso unsah loningso vakung tuwng piiiar hrang paning.

1 John 3:18, 19 Amocharahin, anihinki unsah na to pena ru hnalkowl thina tuwng athuw thuw maso, tuto nung ru langlang to vathuw vahso. Langlang kipaning idoto anihintuwng ataheng thihin chaka. Asapavan angtuwng atapang heng napalunghin ingam hrang pa.

Rom 8:16 Asapavan ki Pathathithiing rarah tuwng anihin ki Pathathi ru ithtisah tuwng Asapavan chara pahin sin idoki sakho ithuwpas.

1 John 4:13 Amakituwng, anihinto vakungtuwng amhin sinnu, ama to nakunghin iampa, idoto nathe hinsih. Dahpa vadote, ama pathathi to nakunghin nape valhin.

32

Icheng Christa Tuwng Ihmanna Vapemang

John 17:13 Atunghe akungha ahung kaning, tutuwng kahmanna to vadah hinkung vatum nariim hrang doltipam heng ka amthung ama pena he kathepa.

Galatia 2:20 Atungki kahring he nima paning, tuto kathung Christa ihringpa tuthal kahringna pangsa he, unsah kalonu kathin itho Asapavan chapa piidun jai ihring paning.

Isaiah 12:3 Ihman tangna ru ithutuwng kumpung ihliingna durum thung kito du suw hin kati.

Rom 14:17 Dahpa vadote, Asapavan pam to icha ineeiki mapa, tuto Pathiathithiing nape, thoromo ichol, petum loh na tuthal ihman napa.

John 15:11 Kahman na to akung hin amso, ahman na hinto changki ithuna hrangtuwng ama pena he akunghin kana supa.

Tuna Hla 16:11 Ihringna hlamto kapasuhcha tinu, nang a amna chuhtuwng ihman na joso amka, tuthal achangtung ki akuh thung itomma ki ihman amka.

33

Puruwng Do Itoto Vangen Mang

Tuto Puruwng arowl to ajama hintiso, tuleseh Puruwng ki vapesam to rai aduh thuhin tibe, amaki tobe Puruwng kuh to nanghin alen tuthal a ruwng hin lenha tum naka. —1 Samuel 12:15

Dahpa vadote, vazoljathang to ija jatuwng Asapavan hmihsuh nang thoromo ichol vadpmapaje, tuto thoromo ichol ki mipaje dpsو vanaphuwng hranghin tobe vazoljathang thal ito pahin. —Rom 2:13

Ija anapateel kihin tuwng nihin ru ihmanna phasah hin chaka. Puruwng Jesu to atangnipah pavantamso hin ru idiutuwng vaipiilar thung amahe ithuw hrangpa. Asapavan ithima hin ru Puruwng Jesu ki Petha to vado itomo hinto changpiichal hrang hmi ru athu naka. Itom inemaki imangna ru Puruwng angki tuthal larnipah vatang nih na thungki ihlah na phajenaka.

—2 Thessalonika 1:79

Vazoolnung ll:26-28a Asukhin, asinnihee akungha hin phowr tumanite sah to nii tuwng kapatih mang: Asinni rah he apasol pahin ning matobe Asapavan ki vapesam doto tuwng tahin tibe phowr to athin pahin, tuhal Asapavan pesam to lee hin tiso tuthal nii anapasuh hin ning hlam kito chun hin tiso nanghin tuwng anathemahin le to lubuh hin tibe sah to athin hin thuw naka.

34

Christa Pihrih nato Vangen Mang

Philippi 2:11 Tuthal Christa jaltuwng vapa Asapavan to papa naso mi vapumthu tuwng Christa Jesu to Puruwngpa doso vapadang riim hrangpa.

Niki tumanite kapena len ningjah ithoki mito Michara tuwng vadah ki, vapaki tuthal pavan tamso hinkikollar pum vathing thung vaning ajah naka.
—Luk 9:26

Matthi 10:32, 33 Mihnim hin kaltuwng vami paning kadoso thangphuwngki mito pavan ha iam kapa hmekung ata lulurah tuwng katoh hrangpa. Tuto, akupajoso, mihnimhin kaltuwng vami mapaning doso kadan nibe, pavan ha iam kapa hmekung ata lulu rahtuwng kadan hrangpa.

Rom 10:9, 10 Vadote, Jesu to Puruwngpa dotiso thangphuwngcha tiso, Asapavan tuwng amato ithoki vapajal pa dotiso apalung thung padun cha tibe nangto akalpe naka. Dah pa vadote, vapalung thung pa dunnu tutuwng thoromo ichol vaphapa, tuthal vahnangkowl tuwng phuwngchanu tutuwng vakalpepa.

1 John 2:23 Vachapa ihroma mituwng vapa joso vadanpa, vachapa ihroki mituwng vapa joso vahropa.

35

Setan — Anihin Rai Bol

1 Peter 5:8 Palung vachol hinnu varing chatee khin. Dahpa vadote, akumikheh chathah ning dpnu irung meemee nongsa luluwng ithama setan to ahlun meemee nu amka.

Amathal tuwng ithama napathem hrangki Pathathithiing tuwng pamde ha tiiunu ... Jesu tuwng pathangnu, Setan nangto kakungki vapathi doh vah. Dahpa vadote, ataheng pazoonu amka: Aruwng Asapavan to lu abuh nu, tuwng amato thina vadowl alichavah. Amakite, ithama tuwng amato vamaval, tuthal pavantamso hinto thing jenu Jesu to vabumpe valje.

—Matthi 4:1,10,11

2 Thessalonika 2:9 Isuh ma mito Setan atang nih na ru ithutuwng thing naka. Atang iniki nung, piihrih na nunglen mi piichena tuthal ning rih papah nung ru athusah naka.

Asapavan ralpow kimakhe tuwng vathung khin, tutuwng ithama Ramhro to iduhthu pachang hin kati. — Ephesus 6:11

Vahmih hin piivarpe hrang ru ijpng kai kito ivar ha avanghel jeso, setan atang nih na kito Asapavan tungha ahel jeso, piidun jai pa piitoh pena to vapha nahranghin, tuthal vanapathiing sahin kaltuwng hmun to vapha nahranghin nangto asp paning. —Nung 26:18

36

Setan To Pichangki Hme-amna

2 Thessalonika 2:8 Isuh ma mito piilar naka, tuthal Puruwng Jesu to vakol valar ru ithutuwng thingso vahang thuhsa amato pam ang naka.

Jakob 4:7, 8a Tutuwng Asapavan thang ahlucha khin. Ithamato athon khin

tutuwng amang achunpe hin naka. Asapavan to ahne chakhin tutuwng amang ahne hin naka.

Hebru 2:14 Vachara hinto pangsa khehbah ru sokhehbah vathu hin lulu tuwng Jesu Christa jongso dolti miki pangsa piiloh nu, ithona len atang inipah diabol to piimang nahrang ki vanatohpa.

Rom 8:35, 37 Christa unsah na kito akung napathin hin naka? Chorel changchalna, palung ija tumanite chopiirelna hinheng pachang nakana? Tumanite tanglam, budil ithoma, alum piihnina tumanite kangsan tuwng pamoh nakana? ... Atamapa, unsah nai palochahin jaltuwng anihinto vapumthu lenheng ralpiichang hinki ralpiichang to ithuw pahin sin.

1 John 3:8 Pa nung itoki mito Setan kipa, dahpa vadote, Setan tobe vabom thoki piithun pa vatohpa. Setan nungtah piimang hrangtuwng Asapavan chapa to piilarpa.

37

[Unsahna he Tamso Hin Pichen napa](#)

Akumikheh tuwng, Asapavan to unsah kalomang doso vau vane te halnibe amato mi piichecha pa. Dahpa vadote, akupajoso, vanathe rere vaune to unsah Ioma nibe vanathe male Asapavan to unsah lothi nami. —1 John 4:20

Tutuwng vapumthu ki ithabal hlam to athepe hin kaning. Mihinki pena ru pavantamso hinki pena tuwng pecha joning unsah na to thoma ningbe, vahlam vaduta ki dalkang arowl, tumanite kastar arowl lulu paning. —1 Korinth 13:1

Nanghin kheh ru kheh unsah ilohin tiso donibe, ni kasopow pahinti idoto mi vapumthu tuwng athihin naka. —John 13:35

Galatia 5:22, 23a Tuto pathathi ki vachu tobe: unsah na, ihman na, petum loh na, piiteel nathi, sihtiia, itha, piidun itha, Palung ithum tuthal palung itothi pahin he. Vakung vatum hnoh na dokhunu, John chapa Simon, unsah kalo mangtina? Amang vakung donu, Eng, Puruwng, unsah alo mangning idohe athe sih. Amang vakung donu, Kajo hinto asuhpatha vahje. —John 21:16

Naune hinto unsah nalo kihintuwng ithpki to ihring ha nalan valhin idoto nathehin sih. Unsah iloma ki mitobe ithona thung iam japa. —1 John 3:14

38

Jesu Christa Vazal na

Nung 10:39-41 Tuwng Jehudi hin pam ru Jerusalem thungki vanungtah vapumthu ki sakho to nipahin ning. Amato thinglen piitho jenu vapatho valje. Tuto Asapavan tuwng amato vanithumna thung piijal khunu tutuwng vapadang enpa. Mi vapumthu kungha mapa, tuto Asapavan to vaduha ithi hrang vana pakoh hin, ithohin kalki vahangjal thai amaru icha inesah nihin kakung hapa.

John 20:26-28 Amakito nitaruh thai tuwngte vasopow hinto inthung tumkheh amkhujenu, tuwng Thomas kheh amahin kai amkhunu, thuhkhal kimakhe vakam thai hin Jesu to thingkhoh khunu, vakal hin rih nu, vakung hin donu, Changde tangnang va am khin. Amakite Puruwng tuwng Thomas kung i donu, Akuhchal to huheng arolnu, kakuh hinto asuvah. Tuwng aban ahejamnu kadeeha kapulvah, tuthal ningmol totoma, apadun vah. Thomas tuwng pathangnu, Karuwng kasapavan pati.

Mark 16:9 Tuwng hahta ki ni rowlsa ki jongphii tuwng vajal kito, ramhro takho hmeh vananunpe Magdalene ki Mary kung chodu piilarcha.

39

Ijalna he, Anihin ki larnipah palung narun pa

Matthi 16:21 Jesu to Jerusalem ha thingso, avalhin, kholpu hin tuthal vazoljathang ki thimpu hin kuhthung ija ihran ohrangma patelso, thoso vanithumna tuwng vajal nahrang to vasopow hin kung piidang vapathun vai.

John 5:25, 28, 29 Nalanglang akunghin kathepa, ithphintuwng Asapavan chapa arowl vajah nahranghin ki vaphato ivipa, atung rarah he thingka, tuwng ija ki makhe hinto hrung je naka. ... Amalenheng ning rih toto makhin, vadote, vapha to ivipa, vapha thungtuwng than thung iam kimakhe hin varowl ajajeso, ajal jenaka. Itha ito hinto ihring naha ajal jeso, ithama ito hinto ijuwl naha ajal jenaka.

Rom 6:3-5 Christa Jesu kung du iluh ki makhe, vathona hatuwng du iluh chahin ning idoto thimahin tina? Tuki vathal itotuwng, ithpha du iluh tuwng ama ru ithung iheru pahin sin. Tutuwng, vapa kol lar nih na jaltuwng Christa to ithoki vana pajal luluwng anihin joso ihring nahrin ha ihring hrang pahin sin. Vathona hatuwng ama ru anihin to ichin pahin sinbe, amaki vahang thona thungtuwng iso lih mang ama ru achin hin chaka.

40

Puruwng Kungha Ithiing jah

Luk 1:74, 75 Kung chang hman tangnang pedinnu, tuthal Asapavan to ijacha iam mang dowl ilonaki, nahringsow thung hin vakung ithiing ru thoromo ichol tuwng iam naki nahrope pahin.

2 Korinth 7:1 Kaunsah palohin, ama pedinna hinhe nape valhin. Tutuwng anihin pangsa ru thove bolna nung vapumthu ki piithiing hin sinso Asapavan itocha tuwng ithiing tangnang am hin chaka.

2 Timothi 2:21 Akumikheh to amalu ithama kihe piithiing chanibe amato

inapu nungtah nahrang, nunghtha itoh na ki thin athung neh nu iam, ilupah nungki thin vapahlansa, belto athuwka.

1 Peter 1:2 Pathathithiing jal athiing nahrang hin ru Jesu Christa do tohin tiso vasotuwng apathiing nahranghin, Asapavan tuwng patun neh nu achowl pahin. Palung nih na ru petum loh na to akunghin vahnim hlah vahso. I

1 Peter 1:15 Aion chahin to vathiing lulujtuwng nanghin joso anatoh nahin vapumthu thung vathiingkhin.

41

Puruwng Kunha Ithiing jah

Hebru 13:12 Tuwng Jesu joso vadah rarah ki sojal mihinto ithiing nahrang suwngpang ha ija vaduhpa.

1 John 1:9 Amabe thacha ihropa, tuthal ichumpa, tutuwng napa hinto phuwngcha hin sinbe napa hin napatohpe hinso thoromo icholma vapumthu ki napathiim hin naka.

Matthi 3:11 Palung hongna ki thin nituwngbe du aluh pahin ning. Tuto, kathai ki ithing hrang to kakin atang nihloh ka, vakhuwnghuh isinrah kamatih mapa, amatuwngbe Pathathithiing ru hmi ha du aluh hin naka.

Isaiah 35:8 Tuthal tuwng, amachuh tuwng asanghlampi akheh amnaka, tuthal amato Ithiing Hlampi donaka; ibol hin tuwng ama hlamto tona mijie, tuthal itoh hin tuwng amato pabol namije.

Doltipam vasem duki piithun Asapavan tuwng anihin to ithiing tuwng tuthal piithihna iam mang vakung iam nahrang, Christa kung vami ithuna hrang nachowl valhin. —Ephesus 1:4

Hebru 12:14 Miki makhe ru petum iloh na tuthal ithiing tangnang iam naki

atokhin, dahpa vadote amato maso akurah Puruwngto thinami.

42

Pathathi thiing dim chaning

Luk 11:13 Ithalangma nanghin hlanghmin achara hinto pow itha pethi hin tinu. Pavan ki vapatuwng be Pathathithiing to ihnochahin kung ajahmeh ki vapenum doh mang!

Nung 1:8a Tuparende, Pathathithiing to alenhin vathing thungtuwng atang nih na phahin ...

Ezekiel 36:27 Tuthal niki kapathathi to nanghin a thung ha thai kaning, tuthal niki kadehliim tungha ichih nahrang ru niki kapesam to ito nahrang nanghin to ahnow hin kaning.

Rom 8:9 Asapavan ki Pathathithiing to athunghin cheng rarah so donibe nanghin to dolti pangsa ki vahlam ha iam mapa hinti, tuto Pathathithiing tungha iam pahin ti. Akumikheh kung Christa Id Pathathithiing to cheng manibe amaki vamito athuw mi.

Nung 13:52 Tuthal sopow hinto ihman ru Pathathithiing tuwng idim pajé.

Nung 4:31 Vatham thudeh hintuwng vakung nahin hmunto achunnu, va; pumthu hin Pathathithiing tuwng dimjenu thona itha tangnang Asapavan pemin to vasu valje.

43

Christian hin kung Ningrih pah Pedinna

Tuna Hla 34:18 Athakha tangnang iam hinto Puruwng tuwng vahnepe pajé, palunghu ithee huh hinto Puruwng tuwng vakalpe pajé.

Isaiah 66:2 Anungnang vapumthu hin he niikakuh he vasem paje, tuthal, ama anungnang vapumthu hin he nii kana pa, Puruwng tuwng vedomang. Tuto akumikheh, nii kapena len vako tinchaso tuthal pathathi tungha piil chanibe ama mito ni kasuh patha hrang pa.

Huwnthuw 21:4 Vahmih ki vahmihtho hin ahnulpe naka, tuthal ithona to tumkheh iamkhu mahrangpa, itah itu, piicha amnami, dahpa vadote, chodu ki pow paluto tomcha.

Tuna Hla 37:3 Asapavan apadunnu itha atovah, pamthungtuwng ihliing tangnang va am chavah.

1 Peter 4:12, 13 Kaunsah palohin, piilenaki piihnih tangnang ija ihran anapateel hinto kalen dah ithuw pahlah mo dohin tiso aning hin ririh maso. Vakol valar vaphuwng thung ihman adim nahranghin Christa jah naha ajoh cha hinto vahman chakhin.

44

Pithem sahin kung ha Pedin na

Dahpa vadote vadah rarah tuwng ija ihran patelnu piithemna vahnowl kituwng pithemna ihnowl hinto ibumpe vapachangpa. -Hebru 2:18

Rom 16:20 Petum loh na ki Asapavan tuwng Setan to akhupaja hin nanha aroting naka. Anihin ki Puruwng Jesu ki palung nih na to akunghin vacheng vahso.

Tuna Hla 34:19 Mithabe ija ihran ohrangma vapatel mang, tuto, Puruwng tuwng vapumthu kito vakalpe mang.

Isaiah 43:2 Nanghin du alan thung hin Nii akhi tiiuhin kaning; tuthal dukong alan johinti du ajuw nami hin; hmi thung chih johinti kang nama hin ti, tuthal hmituwn tuwng athur nama hinti.

Asapavan heng unsah vaipalohin, vadote, vapalungthu thai itotuwng vanaon hin, rutuwng vachah na hrangha nung vatoh pa idohe nathe hinsih.
—Rom 8:28

Milenki ithuw piithemna khelso alenhin piithemna thingmalepa. Asapavan tobe hnacha ihropa, nanghin ki atang nih na hin nal pachang mahrang ki piithemna to alenhin panning nami, tuto apathem doh johinso amathung tuwng piitel piimona ki hlani asempehin naka. —1 Korinth 10:13

45

Rai pichangsa hin kungha Pedin na

Huwnthuw 3:12 Rai piichang ki mito kasapavan inthung tuwng macho kaphatu hrangpa. Tuthal amang amahmun to dahtia rang manami. Kasapavan ki hmiing; kasapavan khupi ki hmiing; kasapavan ki, vadote, pavan ki ijungtum Jerusalem hrin ki hmiing tuthal kadah rarah ki hmiing hrin to valen tuwng kapazp hrangpa.

Rai piichangki mito amahin luluwng budil idotuwng athung jenaka, ihringna thimbu thungki vahmiing to piihmah namaning. Kapa ru pavantamso hin angtuwng vahmiingto kaphuwng hrangpa. —Huwnthuw 3:5

Huwnthuw 3:21 Nituwng rai kapachangki vathal itong kapa ungna thungtuwng kaungsah hin luluwng, rai piichangki mito kaungna thung iung nasah to kahrope hrangpa.

Huwnthuw 21:7 Ralpiichang ki mituwng amahe atuhcha naka, tuthal nito amaki Asapavan athuw ningso, amatoniki kachapa athuw naka.

Thove tuwng singlup hin kung vanathe to vana iamki mituwng ajacha vahso. Rai piichang mikung tuwng Asapavan ki paradais thung ihmong iheringna thingbol kito ichacha vahrope mang. —Huwnthuw 2:7

46

Sangram Ithin na kho Asapavan Anihin kung pe vanathe

1 Korinth 7:10, 11 Inni sahin kung ama pena he kapahlan paje, tuto nima paning, Puruwng pa, vadote, vasinnu tuwng vaimpu to atthinthin thumaso. Tuwng amang athinthu nibe innimang va am javahso, tumanite vaimpu to achinthu khu vahso. Tuthal vaimpu tuwng vasinnu to athinthinthu maso.

Luk 16:18 Akumikheh tuwng vasinnu athinthu so sinnu lentang linibe misinnu vaparuh pa, tuthal mi nathinthu sinnu lijoso misinnu vaparuhpa.

Rom 7:2, 3 Tutuwng innisa sinnu to vasiripa vahring thungki makhe Vazoljathang tuwng vapakolpa; tupaiende vasinpa to thodoh nibe vasinpa kung vaipiikol Vazoljathang kito pijehcha. Tukituwng vasinpa to vahring thung sinpa lentang ru sangram piithu nibe mi sinpa piiru to ithuwpa ...

Matthi 5:32 Tuto akunghin kadopa, piidon naha vakho ivadoh maso akumikheh tuwng vasinnu achinthu nibe, sinnu tuwng mi impu vaparuhpa, tuthal ama sinnu to iliki mito joso mi sinnu valongpa.

47

Vatum hnohna Christa vajung nahrang

John 14:3 Tuwng athin hranghin hmunto sem ningbe ajunglekhu ningso nanghin to ka amna hmun thung iam sah hrang athuhin kaning.

Huwnthuw 3:11 Ithingkho kathemang! Nangki larlukhum to aku pajongso ailong nama hrangki, charipang anathocha to ihneh tangnang apadu chavah.

Jakob 5:8 Apatelthi khin, dahpa vadote Puruwng vajung nahrang to hnecha.

Mark 8:38 Akupajoso, atung thohrin ki piidon ru pami hin kalheng, ni kahuh ru kapena thin vaning piijah miki makhe to, Michapa tuwng vapavan tamso ithiing hin ru ithung vapa kol lar tuwng athungso vajung thung vaning ajah naka.

Matthi 24:30 Amathal tuwng pavansun hang Michapaki bitinna adang naka, tuthal doltipam ki cha vapumthu tuwng vapalunghin abeng jenaka. Tuthungtuwng Michapa to atangni ru kol lar pumtuwng padulen ijungtum to ithi phaje naka.

Matthi 24:27 Dahpa vadote, anithuna ki kowl piileh to anitana iphakhah adangka. Michapa vajung thungtuwng ata lulutuwng ingnaka.

48

Vatum hnohna Christa vajung nahrang

1 John 3:2 Kaunsah palohin, anihin to Asapavan chara pahinsin, tuto dah ithuw hrang pahinsin ido tobe adang dah malepa. Tuto Puruwng vaipalar thungtuwng ama luluwng am hin chaka ido tobe nathe hin sih, dahpa vadote, Puruwng vadah rarah to ithi phahin chaka.

Huwnthuw 16:15 Asukhin, piirg luluwng thing kaning! Budilta tuwng amso vaning jana idang nama hrangki thintuwng hrahchatee nu vabudil iring chatee ki mito vasu thaka.

Luk 12:40 Tuwng nanghin joso iringja tuwng iam hrang pahinti, dahpa vadote, Michapa to thingnama hlah mo adothung kihin vapha thung tuwng thing naka.

Nung 1:11 Amahin tuwng dojenu, Galilee ki mihin! Pavan hangsu hintinju dah li irihja pahinti? Akung kihin vanalo doh Jesu rarah heto, pavan ha vahungkal anathe hin lulu rah tuwng ajungkhu naka.

Matthi 16:27 Dahpa vadote, Michapa to kapa kol lar nih na thung vapavantamso hin ru ithung ajung naka, tuthungtuwng miten to vadah vadah natoh thai itotuwng hme amna penaka.

49

Asapavan ki pena

Jesu tuwng pathangnu, Asapavan thimtha, tumanite, Asapavan atang nih na to athepahrih ma kihin vathal itong alal chahrang pahin. —Matthi 22:29

Dahpa vadote, lerni ki pehe mihin tuwng ado jeso huwn vathuja mapaje, tuto mihin kungtuwng Pathathithiing ahnonu tutuwng Asapavan peto vaphuwng pajé. —2 Peter 1:21

2 Timothi 3:16 Thimtha vapumthu Asapavan vah ang thuh nu vapazopa tuthal itampena ki thin, piihranaki, tuthal thoromu ichol nahrang itampena thin ithapah pa.

Luk 21:33 Pavan ru dolti be tom naka, tuto kapena hebe dahtharah jongso tom nami.

Kapalung thung ano to katho chasih, tutuwng alen pa tocha namaning.
—Tuna Hla 119:11

Tuna Hla 119:105 Apena to kathin ivarpe thalme pa; tuthal, kahlam kaipavarpe avarpa.

Pathathi tuwng ihringna to vasepa, pangsa hebe dadah mapa. Tuthal akunghin kanathe pena he Pathathi pa, tuthal ihering napa. —John 6:63