

1 Hakubambila gwa myandagisoga gya Yesu Kilishitu MwanaKabeshyampungu. **2** Mwa kili kiandikilwe muMukanda gwa balomboli nage; Lola bili bya nankutangilishya mukendi wane, Ewikakulongishya kugibwa kwanjila. **3** Njyuwi lya gumo wakutámbila milungu bunene nage; Mulongye njila gya Yehova no mwakuhitila gololamo. **4** Yoano ugile mukubatishya milungu bunene, no kusahula myanda gya lubatishyo lwa kifulubuka hamutima, ku kulekelwa kwa myanda.